KNOCK ME A KISS

Choreographers: Michael & Regina Schmidt, Lebensbaumweg 21, 50767 Köln, Germany, Release 1.0 / Feb 2008
Tel.: 0049 – 221 – 7125029 e-mail: rumsdance@gmx.de web: www.rumsdance.de

Record: CD, Casa Musica, The Best Vol. 26, Track 15 (B.B. King) Speed: Slow down for comfort

Rhythm & Phase: WCS, V +1 (Hook Turn) +3 unph (Left Circle Pass, Prog Triples & Turns, Double Surprise Whip)
Footwork: Opposite except where noted
Sequence: INTRO - A - A - B - C - D - B - C - END

INTRO

1 - 6 WAIT 2;; WALK 2; FRONT VINE 4; WALK 2; FRONT VINE 4;
1-2 Wait 2 meas in SHDW POS DLW both R foot free;;
3-6 Fwd R, -, fwd L, -; Fwd R, sd L, XRIB L, sd L to SHDW POS; Repeat Actions meas 3-4 of INTRO;;
7 - 8 CROSS CHECK & HOLD; REC, LADY TO FC & ANCHOR STEP;
7-8 X RIF L ck motion and hold, -, -, -; Rec L, -, cl R/sip L, sml bk R to LOP LOD;

[W (8): Rec L, fwd R trn ½ LF to fc ptr, sml bk L/cl R, sml bk L;]

PART A

1 - 3 SUGAR PUSH MAN HOOK TURN – RIGHT SD PASS;;
1-3 Bk L, bk R, tch L to R, fwd L; Hook RIB L com RF trn/sml sd L fc RLOD, XRIF L, (RIGHT SIDE PASS) lunge sd &
fwd L, rec R; Sip L/R, L, rec R to LOP RLOD;
[W (1-3): Fwd R, fwd L, tch R, bk R; Sip L/R, L, fwd R, fwd L; Fwd R/L, R trng ½ LF to fc ptr & LOD, sip L/R, L;]

4 - 6 TUCK & SPIN – UNDERARM TURN BOTH HOOK TURN;;
4-6 Bk L, bk R to tight BFLY pos hnds low, tch L to R, fwd L; Sip R/L, bk R, (UNDERARM TURN BOTH HOOK) bk L trn
¼ RF, bk R cont trn; Sd & fwd L fc LOD(cl/r), fwd L, hook RIB L com RF trn/sml sd L fc RLOD, XRIF L;
[W(4-6): Fwd R, fwd L slght trn RF to narrow BFLY, tch R to L, sml step fwd R spin RF to fc ptr; Sip L/R, L, fwd R,
fwd L passing on M's R sd; Fwd R/L, R trng ½ LF, hook LIB R keep trng LF/sd R fc LOD, XLIF R;]

7 - 8 SWITCH TO SLOW ROCKS; HIP ROCK 4;
7-8 On R trn LF (body twd Wall, looking at ptr)/rec L, -, lunge sd R look twd ptr, -: Rec sd L to sd-by-sd with hip action, rec
R, rk sd L twd ptr, rec sml bk R to LOP fcg ptr & LOD;

PART B

1 - 4 WHIP TRN; WRAPPED WHIP;;
1-2 Bk L trn RF, rec fwd R cont trn to loose CP fc DLW, sml sd L/cl R fc Wall, sd L; XRIB of L trn RF, sd L to fc LOD, sip
R/L, bk R; [W(1-2): Fwd R trn RF, fwd & sd L cont trn to fc LOD, bk R/cl L, fwd R; Fwd L, fwd R undr jnd ld hnds pass
M trn ½ LF to fc ptr & RLOD, sip L/R, L;]
3-4 Bk L to dbl hndhold, rec R trng ¼ RF, bring M's L and W's R hnds in and over W's head sd L cont RF trn arnd W/cl R, sd
and fwd L in wrap pos; XRIB of L trng RF release M's R and W's L hnds, sd L trng RF to fc LOD, Sip R/L, bk R;
[W (3-4): Fwd R, fwd L, fwd R/cl L, bk R; Bk L, bk R, sip L/R, L;]

5 - 8 DOUBLE RESIST - BACKUP 2;; CHICKEN WALKS;;
5-6 In low BFLY bk L, cl R to L heel to instep, tap L fwd w/wgt well into R hip lean into ptr, cl L to R; Tap R bk lean away
from ptr, sml bk R, bk L, bk R; [W (5-6): Fwd R, fwd L, kick R fwd lean into ptr kick past ptr to reach M’s R arm if possible, sltly bk R; Lean away from
ptr kicking L ft bk, sml fwd L, fwd R, fwd L;]
7-8 Bk L, -, bk R, -: Bk L, bk R, bk L, cl R to CP LOD (L sd lead);
[W (7-8): Leaning sltly bk swvl RF on L fwd R, -, swvl LF on R fwd L, -: Swvl RF on L fwd R, swvl LF on R fwd L,
swvl RF on L fwd R, swvl LF on R fwd L to CP RLOD;]

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PART C

1 - 4  PROG TRIPLES & TURNS::;
1-4  With L sd ld fwd L/fwd R, fwd L, chng to R sd ld fwd R/fwd L, fwd R;  Fwd & arnd L trn ½ RF, cont trn sd & fwd R to CP
LOD with L sd ld, fwd L/fwd R, fwd L;  Chng to R sd ld fwd R/fwd L, fwd R, fwd & arnd L trn ½ RF, cont trn sd & fwd R
to CP LOD with L sd ld;  Fwd L/fwd R, fwd L, chng to R sd ld fwd R/fwd L, fwd R;

5 - 8  SAILOR SHUFFLES: DOUBLE SURPRISE WHIP::;
5-8  XLIB R/sd R, sd L, XRIB L/sd L, sd R;  Bk L, rec sd & fwd R to W's R sd comm ¼ RF trn to CP, sd L cont ¼ RF trn/cl R,
sd & fwd L compl ½ RF trn;  Ck fwr fwr R slightly into knee in CBMP trng upper body strongly to the R ldg W to trn sharply
to the R stop W with M's R hnd on W's bk endg in an L-shaped SCP looking at ptr, -, rec bk L straighten knees, -;  Ck fwr R
tsightly into knee in CBMP trng upper body strongly to the R ldg W to trn sharply to the R stop W with M's R hnd on
W's bk endg in an L-shaped SCP looking at ptr, rec bk L rais jnd ld hnds, sip R/L, bk R;

6 - 8  SAILOR SHUFFLES: SUGAR PUSH – KICK BALL CHANGE::;
6-8  XLIB R/sd R, sd L, XRIB L/sd L, sd R;  Bk L, rec fwr & fwr R twd LOD trng RF, fwd L/cl R, fwd L;  Sip R/L, bk R, kick fwr L/take wgt on ball of L,
sip R;

PART D

1 - 5  LEFT CIRCLE PASS::;  UNDERARM TURN – TUCK & SPIN::;
1-2  In LOP RLOD X LIB of R jn trl hnds, sd & fwr R ldg W fwr to M’s L sd, raise jnd ld hnds over M’s head sd L/cl R, sd L
twds Wall passing undr jnd ld hnds to M’s WRP both fwr RLOD w/W slightly bhd & to M’s R sd wId hnds acrs M’s body
and trng hnds at M’s L hip;  Rel trl hnds bk R ldg W fwr, rec L raising jnd ld hnds ld W to trn LF, cont ldg W to trn LF
undr jnd ld hnds sip R/L, bk R to LOP RLOD;

6 - 8  SAILOR SHUFFLES: SUGAR PUSH – KICK BALL CHANGE::;
6-8  XLIB R/sd R, sd L, XRIB L/sd L, sd R;  Bk L, bk R, tch L to R, fwd L;  Sip R/L, bk R, kick fwr L/take wgt on ball of L,
sip R;

9 - 13  LEFT CIRCLE PASS::;  UNDERARM TURN – LEFT SIDE PASS::;
9-13  Repeat actions meas 1 - 3,5 PART D with reversed alignment… (Left Side Pass) bk L trng LF, cl R trng LF raise jnd ld
hnds with soft pull on trl hnds ldg W to M’s L sd;  Fwr L/cl R, fwd L, XRIB L/sd L, sd R;

END