

NO GOOD

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Record: Eric 170, Betty Everett
Rhythm & Phase: WCS, V +1 (Whip Inside Turn) Footwork: Opposite except where noted
Sequence: INTRO - A - B - A - B - C - B - END

INTRO

1 - 4 WAIT 3 NOTES ... WRAPPED WHIP:: SUGAR PUSH – KICK BALL CHANGE::

- 1-2 Wait 3 Notes in LOP M fcg ptr & LOD ... Bk L to dbl hndhold, rec R trng ¼ RF, bring M's L and W's R hnds in and over W's head sd L cont RF trn arnd W/cl R, sd and fwd L in wrap pos; XRIB of L trng RF release M's R and W's L hnds, sd L trng RF to fc LOD, Sip R/L, bk R;
[W (1-2): Fwd R, fwd L, fwd R/cl L, bk R; Bk L, bk R, sip L/R, L;]
3-4 Bk L, bk R, tch L to R, fwd L; Sip R/L, bk R, kick fwd L/take wght on ball of L, sip R;

PART A

1 - 3 SUGAR PUSH – UNDERARM TRN:::

- 1-3 Bk L, bk R, tch L to R, fwd L; Sip R/L, bk R, (UNDERARM TURN) bk L trng RF, sd & fwd R twd RLOD trng RF; Fwd L/cl R, fwd L, sip R/L, bk R;
[W (UNDERARM TURN): ... fwd R, fwd L undr jnd ld hnds; fwd R/L, R trng ½ LF, sip L/R, L;]

4 - 8 WHIP INSIDE TURN:: TUCK & SPIN – LEFT SD PASS:::

- 4-5 Bk L trn RF, rec fwd R cont trn to loose CP fc DRC, sml sd L/cl R fc COH, sd L; XRIB of L trn RF, sd L to fc RLOD, sip R/L, bk R; [W(4-5): Fwd R trn RF, fwd & sd L cont trn to fc RLOD, bk R/cl L, fwd R; Fwd L, fwd R undr jnd lead hnds pass M trn ½ LF on last stp to fc ptr & LOD, sip L/R, L;]
6-8 Bk L, bk R to tight BFLY pos hnds low, tch L to R, fwd L; Sip R/L, bk R, (Left SD PASS) bk L trng LF, cl R trng LF raise jnd lead hnds with soft pull on trailing hnds leading W to M's L sd; Fwd L/cl R, fwd L, sip R/L, bk R;
[W(6-8): Fwd R, fwd L left slight trn RF to narrow BFLY, tch R to L, com RF trn sml step fwd R spin RF to fc ptr; Sip L/R, L, fwd R, fwd L passing on M's L sd; Fwd R/L, R trng ½ LF, sip L/R, L;]

PART B

1 - 6 UNDERARM TRN INTO TRIPLE TRAVELER WITH ROLL – SUGAR PUSH::::::

- 1-6 Bk L trn ¼ RF, bk R cont trn, sd & fwd L fc RLOD/cl R, fwd L trn LF fc WALL; Sd chasse R/L, R jn R hnds palm to palm, push lightly with R hnds roll 1&½ RF L, R chg to L hnds palm to palm fc COH; Sd chasse L/R, L push lightly with L hnds trn ½ fc WALL jn R hnds palm to palm, sd chasse R/L, R push lightly with R hnds trn ½ fc COH jn L hnds palm to palm; Sd chasse L/R, L, push lightly with L hnds roll 1&¼ LF R, L jn lead hnds M fcg RLOD & ptr; Sip R/L, bk R – SUGAR PUSH Repeat actions meas 3-4 INTRO omit KICK BALL CHANGE;;
[W(1): Fwd R, L, fwd R/L, R twd RLOD pass M on WALL sd undr jnd hnds ¾ LF trn on last stp to fc COH;]

7 - 8 LEFT SD PASS – KICK BALL CHANGE:::

- 7-8 Bk L trng LF, cl R trng LF raise jnd lead hnds with soft pull on trailing hnds leading W to M's L sd, fwd L/cl R, fwd L; Sip R/L, bk R, kick fwd L/take wght on ball of L, sip R;

PART C

1 - 4 SD BREAKS 4 SLOW 4 QUICK;; SD BREAKS 4 SLOW 4 QUICK;;

- 1-2 Sd L, sd R, hold, stp in L centering ft undr body; cl R, hold, sd L/sd R, stp in L centering ft undr body/cl R;
[Approx. timing (1-2): 1,2, -, 4; 1, -, 3&,4&; using distinct beats of music]
- 3-4 Repeat actions meas 1-2 PART C;;

5 – 8 WHIP INSIDE TURN;; WRAPPED WHIP;;

- 5-6 Repeat actions meas 4-5 PART A;;
- 7-8 Repeat actions meas 1-2 INTRO;;

END

1 - 4 SUGAR PUSH – TUCK & SPIN;;; KICK BALL CHANGE TWICE:

- 1-3 Bk L, bk R, tch L to R, fwd L; Sip R/L, bk R, (TUCK & SPIN) bk L trng LF, cl R trng LF raise jnd lead hnds with soft pull on trailing hnds leading W to M' s L sd; Fwd L/cl R, fwd L, sip R/L, bk R;
- 4 Kick fwd L/take wght on ball of L, sip R, kick fwd L/take wght on ball of L, sip R;

5 - 10 UNDERARM TRN INTO TRIPLE TRAVELER WITH ROLL – SUGAR PUSH TO POINT;;;;;

- 5-10 Repeat actions meas 1-6 Part B at the end pt ld foot twd ptr & hold pos while music fades;;;;;