

KNOCK ME A KISS

Choreographers: Michael & Regina Schmidt, Lebensbaumweg 21, 50767 Köln, Germany, Release 1.0 / Feb 2008
Tel.: 0049 – 221 – 7125029 e-mail: rumsdance@gmx.de web: www.rumsdance.de
Record: CD, Casa Musica, The Best Vol. 26, Track 15 (B.B. King) Speed: Slow down for comfort
Rhythm & Phase: WCS, V +1 (Hook Turn) +3 unph (Left Circle Pass, Prog Triples & Turns, Double Surprise Whip)
Footwork: Opposite except where noted
Sequence: INTRO - A - A - B - C - D - B - C - END

INTRO

- 1 - 6 WAIT 2;; WALK 2; FRONT VINE 4; WALK 2; FRONT VINE 4;
1-2 Wait 2 meas in SHDW POS DLW both R foot free;;
3-6 Fwd R, -, fwd L, -; Fwd R, sd L, XRIB L, sd L to SHDW POS; Repeat Actions meas 3-4 of INTRO;;
7 - 8 CROSS CHECK & HOLD; REC, LADY TO FC & ANCHOR STEP;
7-8 X RIF L ck motion and hold, -, -, -; Rec L, -, cl R/sip L, sml bk R to LOP LOD;
[W (8): Rec L, fwd R trn ½ LF to fc ptr, sml bk L/cl R, sml bk L;]

PART A

- 1 - 3 SUGAR PUSH MAN HOOK TURN – RIGHT SD PASS;;;
1-3 Bk L, bk R, tch L to R, fwd L; Hook RIB L com RF trn/sml sd L fc RLOD, XRIF L, (RIGHT SIDE PASS) lunge sd & fwd L, rec R; Sip L/R, L, sip R/L, bk R to LOP RLOD;
[W (1-3): Fwd R, fwd L, tch R, bk R; Sip L/R, L, fwd R, fwd L; Fwd R/L, R trng ½ LF to fc ptr & LOD, sip L/R, L;]
4 - 6 TUCK & SPIN – UNDERARM TURN BOTH HOOK TURN;;;
4-6 Bk L, bk R to tight BFLY pos hnds low, tch L to R, fwd L; Sip R/L, bk R, (UNDERARM TURN BOTH HOOK) bk L trn ¼ RF, bk R cont trn; Sd & fwd L fc LOD/cl R, fwd L, hook RIB L com RF trn/sml sd L fc RLOD, XRIF L;
[W(4-6): Fwd R, fwd L slight trn RF to narrow BFLY, tch R to L, sml step fwd R spin RF to fc ptr; Sip L/R, L, fwd R, fwd L passing on M's R sd; Fwd R/L, R trng ½ LF, hook LIB R keep trng LF/sd R fc LOD, XLIF R;]
7 - 8 SWITCH TO SLOW ROCKS; HIP ROCK 4;
7-8 On R trn LF (body twd Wall, looking at ptr)/rec L, -, lunge sd R look twd ptr, -; Rec sd L to sd-by-sd with hip action, rec R, rk sd L twd ptr, rec sml bk R to LOP fcg ptr & LOD;

PART B

- 1 - 4 WHIP TRN;; WRAPPED WHIP;;;
1-2 Bk L trn RF, rec fwd R cont trn to loose CP fc DLW, sml sd L/cl R fc Wall, sd L; XRIB of L trn RF, sd L to fc LOD, sip R/L, bk R; [W(1-2): Fwd R trn RF, fwd & sd L cont trn to fc LOD, bk R/cl L, fwd R; Fwd L, fwd R undr jnd ld hnds pass M trn ½ LF to fc ptr & RLOD, sip L/ R, L;]
3-4 Bk L to dbl hndhold, rec R trng ¼ RF, bring M's L and W's R hnds in and over W's head sd L cont RF trn arnd W/cl R, sd and fwd L in wrap pos; XRIB of L trng RF release M's R and W's L hnds, sd L trng RF to fc LOD, Sip R/L, bk R;
[W (3-4): Fwd R, fwd L, fwd R/cl L, bk R; Bk L, bk R, sip L/R, L;]
5 - 8 DOUBLE RESIST - BACKUP 2;; CHICKEN WALKS;;;
5-6 In low BFLY bk L, cl R to L heel to instep, tap L fwd w/wgt well into R hip lean into ptr, cl L to R; Tap R bk lean away from ptr, sml bk R, bk L, bk R;
[W (5-6): Fwd R, fwd L, kick R fwd lean into ptr kick past ptr to reach M's R arm if possible, sltly bk R; Lean away from ptr kicking L ft bk, sml fwd L, fwd R, fwd L;]
7-8 Bk L, -, bk R, -; Bk L, bk R, bk L, cl R to CP LOD (L sd lead);
[W (7-8): Leaning sltly bk swvl RF on L fwd R, -, swvl LF on R fwd L, -; Swvl RF on L fwd R, swvl LF on R fwd L, swvl RF on L fwd R, swvl LF on R fwd L to CP RLOD;]

PART C

1 - 4 PROG TRIPLES & TURNS;;;:

- 1-4 With L sd ld fwd L/fwd R, fwd L, chng to R sd ld fwd R/fwd L, fwd R; Fwd & arnd L trn ½ RF, cont trn sd & fwd R to CP LOD with L sd ld, fwd L/fwd R, fwd L; Chng to R sd ld fwd R/fwd L, fwd R, fwd & arnd L trn ½ RF, cont trn sd & fwd R to CP LOD with L sd ld; Fwd L/fwd R, fwd L, chng to R sd ld fwd R/fwd L, fwd R;

5 - 8 SAILOR SHUFFLES: DOUBLE SURPRISE WHIP;;;:

- 5-8 XLIB R/sd R, sd L, XRIB L/sd L, sd R; Bk L, rec sd & fwd R to W's R sd comm ¼ RF trn to CP, sd L cont ¼ RF trn/cl R, sd & fwd L compl ½ RF trn; Ck fwd R slighly into knee in CBMP trng upper body strongly to the R ldg W to trn sharply to the R stop W with M's R hnd on W's bk endg in an L-shaped SCP looking at ptr, -, rec bk L straighten knees, -; Ck fwd R slighly into knee in CBMP trng upper body strongly to the R ldg W to trn sharply to the R stop W with M's R hnd on W's bk endg in an L-shaped SCP looking at ptr, rec bk L raisg jnd ld hnds, sip R/L, bk R; [W(6-8): Fwd R, fwd L trng ½ RF, bk R/cl L, fwd R btw man's feet trng sharply ½ RF keepg L leg cl to R well undr body; Ck bk L, -, rec fwd R trn ½ LF look at ptr, -; Rec L trn ½ RF, -, rec fwd R trng RF undr jnd ld hnds to fc ptr, sip L/R, L;]

PART D

1 - 5 LEFT CIRCLE PASS:: UNDERARM TURN – TUCK & SPIN:::

- 1-2 In LOP RLOD X LIB of R jn trl hnds, sd & fwd R ldg W fwd to M's L sd, raise jnd ld hnds over M's head sd L/cl R, sd L twds Wall passing undr jnd ld hnds to M's WRP both fcg RLOD w/W slighly bhd & to M's R sd w/ld hnds acrs M's body and trlng hnds at M's L hip; Rel trl hnds bk R ldg W fwd, rec L raising jnd ld hnds ld W to trn LF, cont ldg W to trn LF undr jnd ld hnds sip R/L, bk R to LOP RLOD; [W (1-2): Fwd R, fwd L twds M's L sd, trng ½ to fc RLOD sd R bhd M/XLIB of R, sd & fwd R; Fwd L com trng LF 1 ½, sml stp bk R cont trng LF, sip R/L, bk L cont trng LF undr jnd ld hnds to fc ptr;]
- 3-5 Bk L trng RF, sd & fwd R twd LOD trng RF, fwd L/cl R, fwd L; Sip R/L, bk R, to LOP LOD (*Tuck & Spin*) bk L, bk R to tight BFLY pos hnds low; Tch L to R, fwd L, sip R/L, bk R; [W (3-5): Fwd R, fwd L undr jnd ld hnds, fwd R/L, R trng ½ LF; Sip R/L, L, (*Tuck & Spin*) fwd R, fwd L left slight trn RF to narrow BFLY; Tch R to L, com RF trn sml step fwd R spin RF to fc ptr, sip L/R, L;]

6 - 8 SAILOR SHUFFLES: SUGAR PUSH – KICK BALL CHANGE:::

- 6-8 XLIB R/sd R, sd L, XRIB L/sd L, sd R; Bk L, bk R, tch L to R, fwd L; Sip R/L, bk R, kick fwd L/take wgt on ball of L, sip R;

9 - 13 LEFT CIRCLE PASS:: UNDERARM TURN – LEFT SIDE PASS:::

- 9-13 Repeat actions meas 1- 3,5 PART D with reversed alignment... (*Left Side Pass*) bk L trng LF, cl R trng LF raise jnd ld hnds with soft pull on trl hnds ldg W to M's L sd; Fwd L/cl R, fwd L, XRIB L/sd L, sd R; [W (1-5): ... (*Left Side Pass*) fwd R, fwd L left slight trn RF to narrow BFLY; Tch R to L, com RF trn sml step fwd R spin RF to fc ptr, sip L/R, L;]
- Note: *For musical reasons there is a "Sailor Shuffle ending" to this Left Side Pass*

14 - 16 SAILOR SHUFFLES: SUGAR PUSH – KICK BALL CHANGE:::

- 14-16 Repeat actions meas 6-8 PART D to LOP LOD;;;:

END

1 - 3 SUGAR PUSH MAN HOOK TURN – RIGHT SD PASS:::

- 1-3 Repeat actions meas 1-3 PART A;;;:

4 - 6 TUCK & SPIN – UNDERARM TURN BOTH HOOK TURN:::

- 4-6 Repeat actions meas 4-6 PART A;;;:

7 - 8 SWITCH TO SLOW ROCKS: HIP ROCK 2 & KISS TWICE:::

- 7-8 Repeat actions meas 7 PART A; Rec sd L to sd-by-sd with hip action, rec R trn to fc ptr, on last two beats "knock" a kiss twice R cheek to R cheek;