

FRAGILIDAD

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MUSIC: CD, Buena Vista Social Club -Rhythms del Mundo "Fragilidad" by Sting
Edited (fade in at 18 sec. – fade out at 3:34)
RHYTHM: Mambo Phase V + 0 + 1 (varsouvienne carrè)
FOOTWORK: opposite, except, where noted SPEED: Slow for comfort
SEQUENCE: Intro - A - A - B - C - C - B - B - End

Intro:

1 - 4

Wait 4 meas;;;

In SHDW pos both fcg LOD and both L ft free wait guitar with bongos for 4 meas
(identical footwork for both)

5 - 8

SHADOW FENCE LINE; SHADOW SPOT TRN; SHADOW FENCE LINE; CUCARACHA;

5 {SHDW FENCE LINE} Both lunge thru L, rec R, sd L, -;
6 {SHDW SPOT TRN} XRIF comm. LF trn, rec L cont trn to fc LOD, sd R, -;
7 {SHDW FENCE LINE} Repeat meas 5 of Intro;
8 {Cuca} Push sd R, rec L, cl R, -;

9 - 12

DIAMOND TRN;;;

9 - 12

{DIAM TRN} Both fwd L trn LF, sd R cont LF trn fc COH, cont trn LF bk L, -;
Bk R trn LF, sd L cont LF trn fc RLOD, cont trn LF fwd R, -;
Fwd L trn LF, sd R cont LF trn fc WALL, cont trn LF bk L, -; Bk R trn LF, sd L cont LF
trn fc LOD, cont trn LF fwd R, -;

13 - 15

FWD BASIC TO FC; CUCARACHA /W TOUCH; SCALLOP;;

13

{FWD BAS to fc} Rk fwd L, rec R, cl L trn ¼ RF to fc ptr and wall
(W Rk fwd L, rec R, sm sd L trn ¼ LF), -; end BFLY/WALL

14

{CUCA L/W TCH} Push sd R, rec L, cl R (W tch R), -; opposite footwork now

15 - 16

{SCALLOP} Blend to SCP rk bk L, rec R to fc, sd L, -; Thru R, sd L, cl R to end CP
WALL, -;

Part A:

1- 4

BASIC;; BREAK BK TO SCP; AIDA;

1 - 2

{BAS} Rk fwd L, rec R, cl L, -; Rk bk R, rec L, cl R, -;

3

{BRK BK to SCP} Trng LF to fc LOD bk L, rec R, fwd L to SCP
(W Trng RF to fc LOD bk R, rec L, fwd R), -; to SCP LOD

4

{AIDA} Thru R comm RF trn, sd L cont trn to fc RLOD, bk R
(W Thru L comm. LF trn, sd R cont LF trn, bk L), -; to end Bk to Bk V Pos fcg RLOD

5 - 8

BK BASIC; PATTY CAKE TAP; BK BASIC TO FC; SD WKS;

5

{BK BAS} rk bk L, rec R, fwd L, -;

6 &S&S

{PATTY CAKE TAP} Lift R (L) knee swvlg ¼ LF (W RF) on L (W on R) to fc ptr and tch
trail palms /XRIF (W XLIF) tap R (W L) toe twd LOD, -, lift R (W L) knee swvl ¼ RF (W
LF) on L (W R) to LOP fcg RLOD/ bk R (W L), -;

7

{BK BAS to fc} In LOP fc RLOD rk bk L, rec R, fwd L trn ¼ LF to fc ptr and wall, -;
Blend to CP

8

{SD WKS} Sd R, cl L, sd R, -;

9 - 12

FWD BASIC; UNDERARM TRN TO R HNDSHK; SHADOW BREAK TO OP; START OPEN IN & OUT RUNS;

9

{FWD BAS} Rk fwd L, rec R, cl L, -;

10

{UNDRM TRN to R HNDSHK} Rk bk R, rec L, cl R chng hnds to R hndshk
(W XLIF trn ½ RF undr jnd ld hnds, rec R trn to fc ptr, cl L), -;

11

{SHDW BREAK to OP} Trn ¼ LF rk bk L, rec R, fwd L
(W Trn ¼ RF rk bk R, rec L, fwd R), -;

- 12 {OP IN & OUT RUNS} Comm RF roll in front of W fwd R trn full to fc LOD, fwd L to LOD, fwd R
(W Fwd L, fwd R, fwd L), -; still R hndshk
- 13 - 16** **CONT OPEN IN & OUT RUNS;; SHADOW NEW YORKER; UNDERARM TRN;**
- 13 {CONT OP IN & OUT RUNS} Fwd L, fwd R, fwd L
(W Comm RF roll in front of M fwd R trn full to fc LOD, fwd L down LOD, fwd R),-;
- 14 Repeat meas 12 of Part A; still R hndshk
- 15 {SHDW NEW YORKER} XLIF of R twd LOD, rec R to fc ptr, sd L
(W XRIF of L twd LOD, rec L to fc ptr, sd R), -; still R hndshk
- 16 {UNDRM TRN} Small rk bk R raise R hnds, rec L, release R hnds, cl R
(W XLIF trn 1/2 RF undr jnd R hnds, rec R trn to fc ptr, cl L),-; to end CP/COH
Note: 2nd time Part A starts CP/COH and ends BFLY/WALL

Part B:

- 1 - 4** **ARM CK;; BASIC;;**
- 1 - 2 {ARM CK} Rk apt L, rec R, sd & fwd L twd ptr`s rt sd rel jnd ld hnds and take W`s R wrist in M`s rt hnd, - ; Fwd R trn 1/2 LF ld W to spin RF and drop hnds, fwd L, cl R
(W Rk apt R, rec L, fwd R twd ptr`s rt sd, -; spin RF 1 1/2 L, R, L), -; end CP fc COH
- 3 - 4 {BAS} Repeat meas 1 - 2 of Part A;;
- 5 - 8** **CHASE PEEK-A-BOO GET TRAIL HNDSS;; WHIP END;**
- 5 - 7 {CHASE PEEK-A-BOO} Fwd L trn 1/2 RF, rec R, fwd L (W Bk R, rec L, fwd R), -;
Push sd R peek ovr L shldr, rec L, cl R, -; Push sd L, rec R, cl L, -; jn trl hnds
- 8 {WHP END} Rk bk R, rec L, sd R
(W Fwd L stepping beside M`s R sd stg LF trn, fwd & sd R cont LF trn to fc ptr, sd L), -;
- 9 - 12** **BASIC TO R HNDSHK;; START VARSOUVIENNE CARRÈ;;**
- 9 - 10 {BAS to R HNDSHK} Repeat meas 1 - 2 of Part A ;; end R HNDSHK
- 11 - 12 {START VAR CARRÈ} Rk fwd L, rec R, sml sd L trn 1/4 LF to VARS fc LOD, -; Rk bk R, XLIF, sd R to L VARS fc LOD
(W Rk bk R, rec L, fwd R trn 3/4 LF, -; Rk bk L, XRIF of L, sd L), -;

- 13 - 16** **FINISH VARSOUVIENNE CARRÈ;; CUCARACHA – L & R;;**
- 13 - 14 {FINISH VAR CARRÈ} Rk bk L, rec R, fwd L trn 1/2 LF to VARS fc RLOD, -; Rk bk R, rec L, sd R trn 1/4 LF to fc ptr and wall in crossed HNDSHK
(W Rk bk R, rec L, fwd R trn 1/2 LF, -; Rk bk L, big XRIF of L, sd L trng 1/4 RF), -;
- 15 - 16 {CUCA L & R } Push sd L, rec R, cl L, -; Push sd R, rec L, cl R, -; Arms to CP (2nd time to BFLY)

Part C:

- 1 - 4** **DIAMOND TRN;;;**
- 1 - 2 {DIAM TRN} Fwd L trn 1/8 LF, sd & bk R trn 1/8 LF, XLIB of R, -; Bk R trn 1/8 LF, sd & fwd L trn 1/8 LF, XRIF of L, -;
- 3 - 4 Repeat meas 1-2 of Part C;;
- 5 - 8** **BASIC TO; NAT TOP; SURPRISE CK TO; REV TOP;**
- 5 {BAS to} Fwd L, rec R, sd & slightly fwd L to CP DRW, -;
- 6 {NAT TOP} Trng RF XRIB of L toe to heel, cont RF trn sd L, cont RF trn XRIB
(W Trng RF sd L, cont RF trn XRIF of L, cont RF trn sd L), -; to CP approximately LOD/DLW
- 7 {SURPRISE CK to} Cont RF trn sd L to fc almost wall cking, rec R, trng LF XLIF of R
(W cont RF trn XRIF of L cking, rec L trng LF, sd & bk R), -; to CP approximately LOD/DLC
- 8 {REV TOP} Cont LF trn sd & fwd R, XLIF of R, cont LF trn sd & fwd R
(W trng LF XLIB of R, cont LF trn sd & bk R, cont LF trn XLIB of R), -; to CP fc WALL
- 9 - 12** **CROSS BODY;; NY; SPOT TRN TO FC;**
- 9 - 10 {CROSS BODY} Fwd L, rec R, sd L trng LF [foot trnd 1/4, body trnd less] , -; Bk R cont LF trn, small fwd L, sd & fwd R
(W Bk R, rec L, fwd R twd M to an L pos, -; Fwd L comm. LF trn, fwd R trng 1/2 LF, sd & bk L), -; end BFLY/COH
- 11 {NEW YORKER} XLIF of R twd RLOD, rec R to fc ptr, sd L, -;

12 {SPOT TRN} XRIF comm. LF trn (W RF trn), rec L cont trn to fc, sd R, -;

13 - 16

13

OP BREAK; UNDERARM TRN; CUCARACHA L & R;;

{OP BREAK} Apt L retaining jnd ld hnds and extending free arm to sd with palms down, rec R, sd L, -;

14

{UNDRM TRN} Repeat meas 16 of Part A;

15 - 16

{CUCA L & R } Repeat meas 15 & 16 of Part B;;

ENDING:

1- 5

1

{BRK BK TO OP} Repeat meas 3 of Part A; but end in OP fc LOD

2 - 3

{SWIVEL WK 6} With swvl action fwd R, L, R, -; With swvl action fwd L, R, L, -;

4

{AIDA} Repeat meas 4 of Part A;

5

{SLOW BODYRIPPLE} Ripple the body up over one meas; bring outsd arm up as bells are ringing and music fades out